

ON AGING

By R. Tornello © T+3D

I can feel the slide,
the down hill ride
momentum just beginning.
Skin and hair, texture changing, thinning
Spots and dots in the making.

Aches and pains?
Well, well, well.

This is no time to quit.
Got more to write.
Got more to vent.
A smile/some regrets
all in my earlier me;
now is the only me that counts.

Opps, it just past.
Catch it.

THE END